

Sportacular & YouthOUT! 2010 – Sports League Registration Form

Sports League Details

Date: 10 April 2010 (Saturday)

Time: 9.00am to 2.00pm

Venue: Eunos Petal Garden (In between Blk 606 and 616, Bedok Reservoir Road)

Events

(Please tick only ONE box)

- 3-on-3 Basketball (Under 18, Team of 3 +1 reserve, \$20.00)
- 3-on-3 Basketball (Under 25, Team of 3 + 1 reserve, \$20.00)
- 4-on-4 Street Soccer (Under 18, Team of 4 + 1 reserve, \$20.00)
- 4-on-4 Street Soccer (Under 25, Team of 4 + 1 reserve, \$20.00)

Team Name: _____

Personal Particulars

Name (as in NRIC): _____

Gender: Male / Female NRIC/Passport No: _____

Email: _____

Contact No: _____ (Home) _____ (Mobile)

Address: _____

_____ S (_____)

Person to contact in case of emergency

Name: _____

Relationship: _____

Contact No: _____ (Home) _____ (Mobile)

1. Health Declaration Form

Please circle either YES or NO for the following questions:

1. Do you have any heart condition that allows you to perform physical activity only upon recommendation by a doctor? Yes / No
2. Do you feel pain in your chest area whenever you perform physical activity? Yes / No
3. Have you felt any chest pain in the past month, even when without performing physical activity? Yes / No
4. Have you ever lost consciousness, or lost balance due to dizziness, after strenuous activity? Yes / No
5. Do you have a bone or joint condition that can be made worse by a change in your physical activity? Yes / No
6. Are you currently on prescribed drugs for any heart condition or blood pressure? Yes / No
7. Are you aware of any physical condition that you may have, that may render you unsafe for strenuous physical activity? Yes / No
8. Have you ever lost consciousness due to exercise, emotions or startle? Yes / No
9. Have you ever fainted or passed out after physical activity? Yes / No
10. Have you ever had unusual or extreme shortness of breath, during or after physical activity? Yes / No

If your answer for any of the above questions is 'yes', please obtain a certification of approval from a certified doctor to prove that you are able to participate in strenuous physical activity, and submit it along with the registration form for the Organising Committee's records.

2. Declaration/ Waiver Clause (for ALL participants)

I, (Name) _____,

(NRIC/Passport No) _____

consent to participate in the Sports League, organized by Eunos Grassroots Organisations and Bedok North Secondary School. I agree to hold Eunos Grassroots Organisations and Bedok North Secondary School and the officers, servants, employees and agents free of any liability whatsoever (including but not limited to) for loss of life or injury to person or loss or damage to property or goods whatsoever and howsoever occurred during the Sports League, and I further agree to keep the above-mentioned indemnified from and against all claims, actions, judgments, damage, losses and expenses whatsoever and howsoever arising from the Sports League. I hereby certify that I will abide by the rules and regulation stated in the Registration Form and Annex A. I do also declare that I am medically fit and I take part in the Sports League with full knowledge of the consequences that may arise from my participation and do hereby, for myself, my executors, administrators and assigns, covenant with the organizers and the sponsors to release them from any claims I may have against them in the event of an injury, fatal or otherwise, that I may suffer as a result of my participation. I also agree that the decision of the Organizing Committee is final and that no appeal will be entertained.

Name of Participant / NRIC No / Signature

Date

3. Indemnity Form (for participants below the age of 21 only)

I, (Name of Parent/Guardian) _____,
(NRIC No) _____, (Relationship to Participant) _____
of (Name of Participant) _____,

whose particulars are as written above, confirm that I fully understood and appreciate the effect of the Declaration/Waiver Clause and hereby agree to allow him/her to participate in the Sports league and shall not hold Eunos Grassroots Organisations, Bedok North Secondary School, their sponsors, appointed officials or staff responsible for any mishap, injury or loss of life whatsoever that may occur in the course of, or as a result of his/her participation in the event.

Signature of Parent/Guardian

NRIC No.

Date

3. Rules and Regulation

1. There are a total of four pages in this registration form. Incomplete forms shall not be accepted.
2. Every member in the team should fill up individual registration form.
3. Registration is on a first-come-first served basis.
4. All registration forms are to be submitted to Eunos Community Club by **9.30pm, 31 March 2010** (Wednesday).
5. Registration fees are to be paid in **CASH** at Eunos Community Club.
6. Confirmation email will be sent three days after registration closing date.
7. Team reporting time from **7.30am to 8.30am on 10 April 2010** (Saturday). Drawing lots at **8.30am sharp**. Late teams shall be disqualified.
8. For enquiries, please call Eunos Community Club at 6448 6971 or visit www.eunosyec.org.sg.